

A HIMALAYAN STORY

A journey in Nepal with Mandip & Anita

25 December 2022 – 02 January 2023

8 NIGHTS/9 DAYS



With its snow-capped giants and delightfully charming people, Nepal is home to monasteries, yaks, and eight of the world's highest mountain peaks, including the world-renowned Mount Everest.

India borders this landlocked country, with the iconic Himalaya running across the northern and western parts of the country. From the low jungle plains of Terai, home to the royal Bengal tiger and the greater one-horned rhino, the land begins to gently rise through hills and fertile terraces, small villages, and ancient cities to the mighty Himalayan peaks.

Our curated journey takes in Kathmandu through a newly opened deluxe boutique hotel "The Terraces" with an option for a helicopter flight to Everest and back. Day hikes, world heritage sites and great cuisine will be the order of the day in Kathmandu. In Pokhara, we stay at the iconic Tiger Mountain Lodge steeped in explorer history, opened by Sir Edmund Hillary.

After gentle hiking, fun river rafting and impressive mountain views, we go to the Chitwan National Park for an up-close encounter with Rhinos. A Bush dinner later we return for a night at Kathmandu's famous heritage hotel - Dwarika's where we end the journey with a 12-course meal of Newari cuisine.

Allow [Anita](#) and [Mandip](#) to be your hosts in this high altitude mountain kingdom!

Book now over Xmas & New Year's Eve



25 December
Sunday,

Delhi – Kathmandu 1400 m/4592 ft.

We drive to the Terraces Resort, situated at Lakhuri Bhanjyang, 17 kms away and stay in deluxe rooms.

At the top of the hill, 600m above the valley floor, is The Terraces resort and spa, commanding a view of the Himalayan giants from Dhaulagiri to Gauri Shankar.



This evening, we will enjoy champagne and a lavish buffet dinner.

Meal Plan: Dinner. (Lunch is on your own)



**26 December
Monday**

Kathmandu

After an early morning breakfast, those who have opted for Heli-sightseeing (To be paid as an extra) will be picked up at the helipad and taken for a 45 min flight to the east, heading to Mt. Everest. Along the flight path, the terrain will change from the hilly terraced farms to the rugged alpine mountains. We land at Lukla airport, dubbed the world's most challenging airport for its short sloping runway and enormous cliff faces on both ends. After a 10-minute refueling stop, our helicopter takes off again climbing up in the thin air over the cascading Dudhkoshi river and the Sherpa villages on its banks.

Soon, we are flying past peaks such as Thamserku, Kwangdi Ri and the stunning Ama Dablam on our way to Mount Everest, the world's highest mountain. As we pass Tengboche Monastery and reach the notorious Khumbu glacier, she slowly reveals herself hidden behind the imposing walls of Nuptse. After an over flight on the Everest

Base Camp and the Khumbu Icefall, the team return to Lukla and back to The Terraces resort.

The Kathmandu hikers

The more actively inclined will go on a hike to the highest hill in the Kathmandu valley, Phulchowki (2782m). The hike starts shortly after breakfast. We start walking on the trail between pine forests along a breezy ridge that takes us to the quaint little village of Lakhuri Bhanjyang. Bhanjyang is the Nepali word for hill pass, and 4 roads from different quarters of the Kathmandu valley converge here. Our route takes us along the southern road, which goes through pine, birch, and rhododendron trees, with the occasional village farm scattered along the route, which gets steeper the closer we get to the top.

After a comfortable 4 hour walk, we arrive at the very top. A small temple dedicated to Lord Shiva, Parvati and Ganesh greet those who made the trek and offers 360-degree views of the hills and mountains of Nepal, including Mt. Everest far in the distance if the weather permits.

Our cook will already have the tables and chairs set up for a picnic-style lunch before the team returns downhill by road to The Terraces.

Both teams reconnect in the late afternoon and are free to indulge in the hot tub, sharing their stories of the day before dinner.

Lukla flight duration: 45 minutes

Lukla to EBC flight Duration: 20 minutes
Lukla altitude: 2840 m/9315 ft.

Meal Plan: Breakfast, picnic lunch and dinner.

27 December
Tuesday

Kathmandu

Known as one of the world's oldest capitals, Kathmandu valley has 7 UNESCO sites on the World heritage list. These diverse 7 sites boast cultural and historical monuments that represent various eras, ruling dynasties, religions, and ethnicities.

Among them, we visit the **Pashupatinath Temple** complex- one of the most sacred sites in the world for worshippers of Lord Shiva. A 15-minute drive away, we then visit **Boudhanath Stupa**- the Tibetan-Buddhist quarters of the city where the group will enjoy a scrumptious lunch while watching the Buddhist pilgrims in their traditional garb circumambulate the shrine in the pursuit of merit in the afterlife.

After lunch, we continue to **Kathmandu Durbar Square** in the very heart of the city- the centuries-old seat of power and home of the ruling dynasties of Nepal. After learning about how the rich and the famous of ancient Nepal lived, we return to the Terraces again for a drink at the bar or poolside, looking at the sparkling lights of the city below before we have dinner.

Meal plan: Breakfast, Lunch, and dinner

28 December

Kathmandu – Pokhara

Wednesday

After breakfast, transfer to the airport for the scheduled flight to Pokhara where we stay at the iconic Tiger Mountain Pokhara Lodge.



Located on a ridge, the original Royal Trek for the Prince of Wales in 1980, the lodge was opened in 1998 by Sir Edmund Hillary.

We first visit the Pokhara Mountain Museum- which houses artefacts from early expeditions. Then a visit to the famed Devi's Falls and a drive to the Lakeside for a boat ride to a small island, home to the Barahi temple with views of the Annapurna Massif.

We then drive to the Tiger Mountain Pokhara Lodge, where you can view the iconic Macchapuchhare / Fishtail Mountain from your window.

We can then indulge in activities such as mountain biking or birdwatching, or a local farmland as a sustainability walk through the community in the lodge grounds to learn more about regenerative tourism.





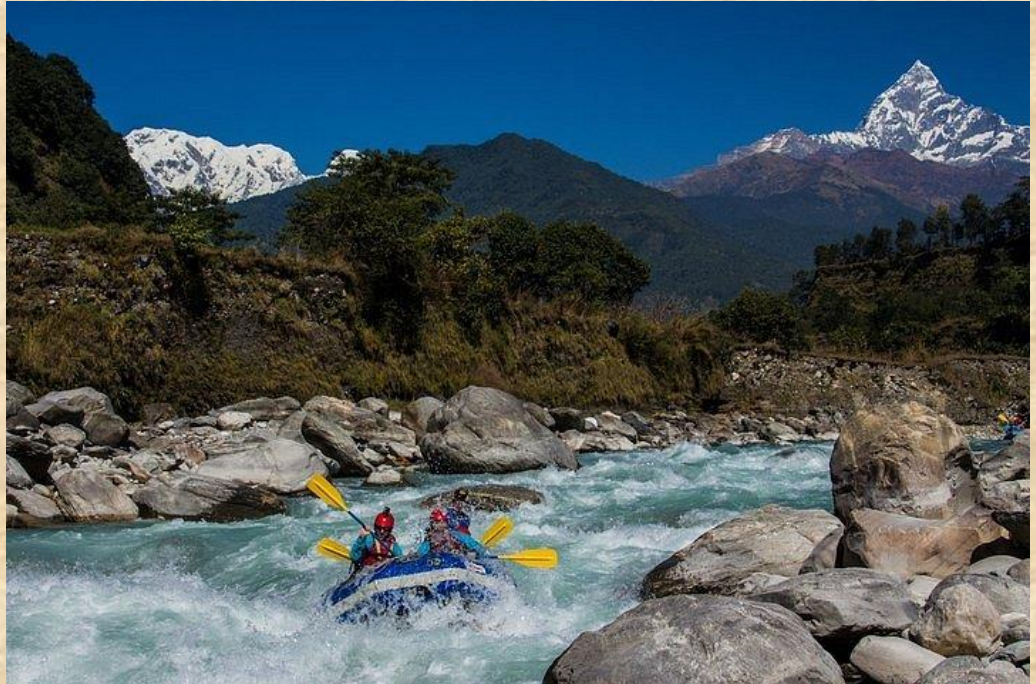
Meal plan: Breakfast, picnic lunch and dinner at TMPL.



29 December
Thursday

Pokhara

This morning, we drive to Hemja (1 ½ hours) for a short white water rafting trip on the upper reaches of the Seti River. After returning we have two interesting options again for the Adventurers and Walkers.



Walkers

Day hike to the Peace Stupa. To reach the stupa you cross Phewa Lake, on a boat and then trek 2-3 hours through the forest. You will see panoramic views of the Annapurna Mountain range and Lake Fewa below.



Adventurers

Transfer to Pokhara airport for a half-hour microlight flight.
(to be paid as an extra)

Both the teams will return to the Lodge for mountain views,
tall drinks, and great conversations.



Meal plan: Breakfast, lunch, and dinner.

30 December
Friday

Pokhara – Chitwan

Fly Pokhara to Chitwan in a small plane and transfer to
Barahi Jungle Lodge. It will take an hour and a half to reach
the lodge from Bharatpur airport.



Afternoon boat safari along the placid water of the Rapti River looking for the unique fish-eating gharial crocodiles and wetland species, migrants, and get a closer view of the rhinos wallowing in the water. We conclude with a sundowner at the merging point of the Rapti and Narayani River.



In the evening, indulge in the elegant tribal songs and dances of the local Tharu people.

Tonight, we will have a bush dinner – a lifetime dinner experience in a natural set up inspired by nature around us, with live snacks and a bonfire. The well lantern lit dinner under the sky full of stars.



Meal plan: Breakfast, lunch, and dinner.



31 December
Saturday

Chitwan

A scheduled morning safari will be organized in the core area of the National Park using the lodge's 4x4 vehicles. Jeep safaris are the preferred way to experience the flora and

wildlife of Chitwan as we pass through various habitats following jungle tracks in the company of an experienced Naturalist.

In the afternoon, after lunch, the group will go on a jungle walk which is a unique highlight of Chitwan. The jungle walk offers a great chance of spotting wildlife. The well-defined trails offer opportunities to observe the animal movement in different habitats of the park. An experienced naturalist and lodge's nature guides lead the nature walks.

This evening we have the special New Year's Eve dinner.





Meal plan: Breakfast, Lunch, Bush Dinner.

01 January
Sunday

Chitwan – Kathmandu

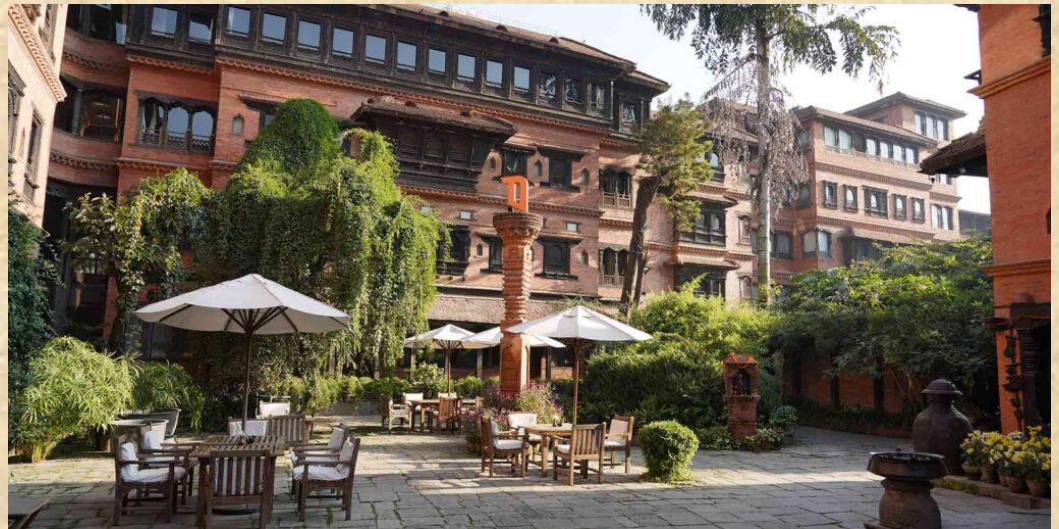
After breakfast we drive to Bharatpur airport and fly to Kathmandu. Transfer to yet another iconic hotel of Nepal -

the Dwarika's. Find sanctuary in the architectural grandeur of the Newari civilization.

The intricately carved wooden treasures, with each artefact being an original are the soul of Dwarika's.

The farewell dinner is a 12-course meal of Nepal's finest dishes and flavors. A perfect reflection of everything we have seen, heard, and tasted throughout this journey in Nepal.

Meal plan: Breakfast, Dinner



02 January
Monday

Kathmandu departure

Check out of Dwarika's hotel and transfer to the airport for the international departure flight.

Meal plan: Breakfast

Quote based on 10 persons: Please contact for Quote

5% TCS not applicable to foreigners travelling to Nepal directly. Should you travel via India, then the 5% TCS is applicable.

Single supplement (i.e. additional cost for a person on a single person occupancy basis: Please contact for quote.

Additional Air flight costs in Nepal: (subject to change) = US \$ 284 per person

Kathmandu – Pokhara: US \$ 94 per person

Pokhara – Bharatpur: US \$ 70 per person

Bharatpur – Kathmandu: US \$ 120 per person

Ultralight Cost: US\$ 213 per person including video (optional)

30 min of flights, covers Pokhara airport, Sarangkot Annapurna Himal, Fewa Lake, World Peace Pagoda

Heli sightseeing cost: US\$ 3800 per shuttle (cost to be divided amongst 5 persons or how so ever up to 5 as it carries 5 persons only – optional)

Room categories:

The Terraces Resort, Kathmandu: Deluxe room

Tiger Mountain Lodge, Pokhara: Deluxe Cottage rooms

Barahi Jungle Lodge, Chitwan: Deluxe Boutique room

Dwarika's hotel, Kathmandu: Junior suite room

Inclusions:and services details provided on request

Few places still available.

